

WHO'S WHO IN GREAT FINBOROUGH

Parish Council: www.greatfinborough.onesuffolk.net

Chair: Ant Mann - ant@finboroughparishcouncil.org.uk

Clerk: Jennie Blackburn - clerk@greatfinborough-pc.gov.uk

Footpath Warden: Richard Burton - greatfinboroughfootpaths@gmail.com

District Councillor: John Matthissen - councillor@matthissen.net

Tel: 01449 258894

County Councillor: Penny Otton - penny.otton@suffolk.gov.uk

Tel: 07545 423847

Great in Finborough Together - GiFT

Tel: 07522 171190

Pettiward Hall

Lettings/Keyholder: Cathy Morgan

pettiwardhallbookings@gmail.com

St Andrews Church

Rector: Rev Sarah Jenkins - revdsarahjenkins@gmail.com

Combs Rectory, 135 Poplar Hill, IP14 2AY | Tel: 01449 676065

Associate Priest: Rev Canon Pauline Higham | Tel: 01449 771791

Church Warden: Nigel Brown 01449 675344

Great Finborough & District Gardening Club

Cath Walker - cathwalker85@gmail.com

Tel: 07843 191101

Allotments Association - Mary Smyth Tel: 01449 672533

Primary School: www.finboroughprimary.co.uk

Headteacher: Stephen Dodd - admin@greatfinborough.suffolk.sch.uk

Tel: 01449 613208

Gt Finborough & Buxhall Under 5's Pre-School

Delia Prior - Tel: 07513 140072

Chestnut Horse Pub - Roly & Mandy 01449 553889

Candlestick Club: Keith Proctor Tel: 01449 736598

Buxhall Woman's Institute: Judith Hickman - judithhickman12@gmail.com

Police (Stowmarket SNT): Tel: 101 - stowmarket.snt@pnn.police.uk

Stowmarket High School - Tel: 01449 613541

Stowmarket Health Centre - Tel: 01449 776000

Combs Ford Surgery - Tel: 01449 678333

Bildeston Surgery - Tel: 01449 740254

Stowmarket Library - Tel: 01449 613143

Mid Suffolk Leisure Centre - Tel: 01449 674980

GREAT FINBOROUGH NEWSLETTER



**October 2025
ISSUE 562**

GREAT FINBOROUGH VILLAGE DIARY

4th Oct 6pm	Quiz Night Fund raiser - Page 5	Pettiward Hall
31st Oct	Halloween Pumpkin Competition Page 22	Chestnut Horse
15th Nov 10am - 12pm	Village Maintenance Page 30	Football Pitch Car Park
29th Nov 6.30pm	Autumn Supper Page 34	Pettiward Hall

FUTURE PARISH COUNCIL MEETINGS

13th Oct, 10th Nov 7.30pm, Pettiward Hall (Upstairs)

MOBILE LIBRARY SERVICE - every 4th Friday 2:50 - 3:10pm

Middlefield Drive (opposite playground)

***Note new times for 2025**

MOBILE POST OFFICE - every Thursday 1.30 - 2.30pm

Middlefield Drive Car Park

The 'Village Newsletter' is published by Great Finborough Parish Council and printed locally. Views and opinions expressed in this newsletter are not necessarily accepted as being those of Great Finborough Parish Council. The 'Newsletter' accepts all articles, notices and advertisements in good faith. We cannot be responsible for the content of any submissions, nor liable for the quality of goods and services offered. A full copy of our Policy is available on our web site.

To contact the editor (Ant Mann) submit articles, letters or advertising,
email:
finboroughpcnewsletter@gmail.com



The Combs and Finborough Benefice

Buxhall, Combs, Gt and Lt Finborough, Harleston, Onehouse and Shelland Services in October 2025

Rector: The Rev'd Sarah Jenkins, The Rectory, 135 Poplar Hill, Stowmarket IP14 2AY 01449 676065
Associate Priest: The Rev'd Canon Pauline Higham, The Rectory, Woodland Close, Onehouse IP14 3HL 01449 771791

Sunday Services

Please contact Rev Canon Pauline on paulinehigham@googlemail.com for details of how to join our Zoom services

5th October: The Sixteenth Sunday after Trinity

9.00 am	Holy Communion	Little Finborough
9.30 am	Spiritual Communion	Zoom Meeting
9.30 am	Morning Worship	Harleston
11.00 am	All Age Worship	Combs

12th October: The Seventeenth Sunday after Trinity

9.30 am	Morning Worship	Shelland
9.30 am	Holy Communion	Buxhall
11.00 am	Holy Communion	Onehouse
11.00 am	Morning Worship	Great Finborough

19th October: The Feast of St Luke, the Eighteenth Sunday after Trinity

9.30 am	Holy Communion	Harleston
11.00 am	Family Communion	Combs
3.00pm	Healing & Wholeness Service	Great Finborough
6.00 pm	Choral Evensong with Buxhall Choir	Little Finborough

26th October: The Last Sunday after Trinity

9.30 am	Morning Worship	Buxhall
9.30 am	Holy Communion	Shelland
11.00 am	Morning Worship	Onehouse
11.00 am	Holy Communion	Great Finborough

Weekday Services

9.30 am on Wednesday	Holy Communion	Trinity Hall, Onehouse
10.00 am on Saturday	Morning Prayer	Zoom Meeting

All Welcome! Whether you are a regular worshipper or a visitor to our churches this Sunday, you will find a warm welcome at any of our services

St Andrews Church Autumn Supper

at Pettward Hall 29th November 6.30 for 7pm.

£23/person to include 3 course menus.

Raffle tickets on sale during the evening.

Starters

Game terrine with green salad & sourdough toast

Salmon mousseline with green salad & brown bread

Broccoli & stilton soup & roll

Mains

Venison casserole, dauphinoise potatoes & Veg.

Coq au vin, dauphinoise potatoes & Veg

Mushroom stroganoff, dauphinoise potatoes & Veg

Desserts

Lemon & passion fruit cheesecake

Chocolate brownies & ice cream

Fruit salad

Cheese board

Tickets available from Peter Turner p.turner125@btinternet.com

Please give your menu selections with your bookings

Payments can be made via BACS to St Andrews Church Great
Finborough, TSB Bank, sort code 30-98-23 account no. 24197060.

Or by cheque to St Andrews Church Great Finborough.

Welcome to the October Newsletter:

Saturday 13th September brought us the annual Churches Ride & Stride. A great turn out of entrants on foot, in classic cars, by bicycle and even on horseback, all turned out on a beautiful morning to raise money for the Church. The weather started out perfectly but then many were racing to beat the thunder, lightning and rain which came in later that day, but didn't dampen enthusiasm. Thank you to all who helped organise and those that raised money for a great cause.



Tour of Britain: it was great to see the Tour of Britain come through our village again. Even if you're not into cycling it is quite a thing to witness with an incredible amount of planning to make it run smoothly. Unfortunately for the riders, they couldn't organise the weather!!



Painting car park: the PC will be repainting the white lines on the car park, off Middlefield Drive during half term (27th to 31st October). We plan to do it in stages so the car park will still always be partially open. We will pop reminders on car windscreens of residents who park there regularly.

Also, while on parking. Please can I ask parents to park respectfully when on the school run. Cars are being parked on the grass by the play area entrance. This causes a hazard for those using the park and as the wet weather comes, it will make a mess of the grass. I appreciate its likely to be people from outside the newsletter catchment, so please spread the word. We are looking into replacing the wooden posts for these areas.

And lastly, a massive apology to Dave and Jo, who I forgot to thank for their contribution and efforts to this summer's golf event. Thanks to their support, especially with the raffle, it really helped bump up the total amount raised.

Ant Mann
finboroughpcnewsletter@gmail.com

The Beacon Club



The Beacon Club was set up nearly 3 years ago for two reasons, firstly to have the money to have the iconic steeple of St Andrews Church illuminated every night of the year at lighting-up time until 23.00hrs. Secondly, to support the running of the Church which costs £20,000/year to keep the doors open. The Church has 2 services a month but is usually open 5 days a week for moments of quiet reflection

We are still looking for new members of the Beacon Club, members donate £100 a year to support the steeple lighting & Church. We hold an Autumn Equinox supper in the Church by way of a small thank you. If you are interested in joining, please get in touch: p.turner125@btinternet.com or 07789727974

Peter

Why do solar panels never get tired?

...because they are always recharging!

Call us on 0207 247 3650
info@mygreenenergy.co.uk



SOLAR PANELS › BATTERY STORAGE ›
CAR CHARGING POINTS



For an **EXTRA 10% off** your solar project call now and quote code: **GET10**



Independent
Financial
Advice

Friendly, expert financial advice-we are a local firm based in Needham Market.

Established for 20 years offering an easily accessible full financial planning service to clients in Suffolk. Our client's interests are at the heart of everything we do. Together we can make your money work harder for you, in the most tax efficient way.

We offer advice on all aspects of personal and corporate finance including investments, pensions, inheritance tax mitigation, equity release and protection.

Call 01449 723526 or visit our website www.xlifa.co.uk to book your free initial consultation.

XL Independent Financial Advisers Limited are authorised and regulated by the Financial Conduct Authority [FCA] Our FCA number is 415232

Traditional Oak Carpentry

Conservation and Construction



Carpentry Repairs
New Oak Homes
and Extensions
Garden Structures
Condition Reports
3D Design Service

www.traditionaloakcarpentry.co.uk 01449 768817

Rushbrook's

— CHIMNEY SWEEP —

'Guild of Master Chimney Sweeps' registered Chimney Sweep, providing professional service to ensure your chimney is clean and safe for your home.

Services include:

- Open fire, wood burners and Inglenooks
- Stoves checked and serviced for efficiency
- Birds nest removal
- Safety Inspections and Smoke Tests
- All work fully insured & certificates issued.

Contact Robert Rushbrook



Email: rushbrookschimneysweep@hotmail.com

Telephone: 07581 352772 or 01449 612296

*Fed up of running around
after your car?*

Why not give us the inconvenience
— it's part of our service

WE COLLECT & DELIVER

Servicing, Welding,
MOTs arranged
Air-conditioning recharged
General Repairs —
shocks, clutches, brakes etc
All work guaranteed

S & P Motorgare
Est. 1990

Contact: Shane
Tel: 01449 771102 or 07802 545737

**Personal Service at
Competitive Rates!**

Pettiward Hall - Village Hall Events for your diaries

The Pettiward Hall Committee are delighted to invite you to join us at the following community building events:

- **Saturday 4 October: QUIZ NIGHT – LIMITED TICKETS LEFT!** A fun quiz night is promised with quizmaster Simon Tarabella. Bring your own drinks and snacks. Just £5 a head. Six adults per table. Proceeds to be shared between the Pettiward Hall and our local community First Responders. Doors 6pm, quiz at 6.30pm. Tickets from Cathy Morgan: pettiwardhallbookings@gmail.com
- **Saturday 1 November: BEER & FIZZ NIGHT** – As the nights draw in, why not join us for a mini beer and fizz festival with thanks to Adam Brown for agreeing to be our licensee. Further details to follow in social media/posters/next month's newsletter! If you can help with planning, setting up or serving on the night please get in touch with Cathy Morgan: pettiwardhallbookings@gmail.com
- **Saturday 29 November: AUTUMN SUPPER** – The annual fundraiser for St Andrew's Church is always an excellent culinary event! Just £23 a head for three courses and wonderful company. Bring your own drinks. Full details on page 34.
- **Sunday 28 December: TWIXTMAS QUIZ** – Escape the last of the turkey and join us for a quiz night looking back over the last year (and celebrating the best cracker jokes of the season) with quizmaster Simon Tarabella. Bring your own drinks and snacks. Just £5 a head. Six per table. Proceeds will be shared between the Pettiward Hall and our local community First Responders. Doors 4pm, quiz starts at 4.30pm. Tickets from Cathy Morgan: pettiwardhallbookings@gmail.com

Please get in touch with Cathy Morgan if you would like to offer help with the above events or run your own event in 2026!

Great Finborough & District Garden Club

The Garden Club year 2025/26 commenced with the Annual General Meeting on 11 September. The Chairman's report provided an overview of the previous year's activities, which included a range of talks for members, visits, a Christmas wreath making workshop, Open Gardens, and the summer members' BBQ.

Mary Smyth was acknowledged for her invaluable service as she steps down from the committee. She has been involved since the Club's inception, and her many contributions were formally noted by the committee. Ann Basey-Fisher resigned as Membership Secretary and was thanked for maintaining the membership list and supporting club events.

Amanda Braham was confirmed as a new committee member at the meeting. Other committee members will continue in their roles, with Peter Turner re-elected as chair.

Members are reminded that subscriptions for 2025/26 are now due: £20.00 per household and £5 for guests attending meetings.

After the formal proceedings, Spencer Campbell gave a talk about supporting British farmers, outlining the challenges of farming and explaining additional roles taken on by farmers. The session concluded with food, featuring apple-based treats and locally produced cider.

The next meeting is scheduled for 9 October at 7.30 pm. Neville Stein presents strange vegetables, gardens great oddities - A tour of truly strange Veg.

For further information contact: Cath Walker on 07843191101 or cathwalker85@gmail.com



JUBILEE FINANCE

MORTGAGE & PROTECTION SOLUTIONS

Mortgage and protection advisers located in Buxhall, Stowmarket

We can advise on all types of mortgages, whether you are looking to remortgage your house or move into a new one, purchase or refinance a buy-to-let property or raise funds for a commercial venture. We can help!

✓ Mortgages

Residential
Buy To Let
Commercial Finance
Bridging Finance
Second Charge
Development Finance

✓ Protection

Life Assurance
Income Protection
Critical Illness Cover
Relevant Life
General Home insurance

As brokers we have access to a comprehensive range of UK mortgage and protection products from many different types of lender across the market, we are certain we will be able to find just what you're looking for

Once we understand your individual circumstances and needs, we will be able to research the market fully and recommend the most suitable deals for you. As part of our service, we will deal with the lenders on your behalf, taking all the stress out of the process.



Call the team for a no obligation chat or make an appointment to come and see us in our Buxhall office

01359 305065 advice@jubileefinance.co.uk www.jubileefinance.co.uk

17 Buxhall Business Park, Stowmarket, Suffolk IP14 3BW

The Muntjacs ate my tulips

The muntjacs ate my tulips, I'd planted them with care,
A dozen bulbs all neatly spaced, then not a bloom was there.
They'd sneaked in from the woodland so silent in the night
And scoffed the lot like salad leaves, my poor trough looked a sight.

I did a bit of research on things that they don't touch
Rosemary and lavender - well that didn't help me much.
Each year they graze the bluebell leaves but never munch the flowers,
The daffodils don't tempt them though they roam around for hours.

Sarah Raven teases me with springtime plans galore,
With orange, purple, gold and red, all colours I adore.
I'm tempted, maybe one more try to beat those pesky beasts
With pepper, garlic and the like sprinkled on their feasts.

Now time to plant next seasons bulbs just outside my door
But not for me those Dutch delights, that smorgasbord's no more.
So muntjacs heed this warning, when I am in my bed
Don't creep round here for midnight snacks
I'm planting daffs instead.

Grace

Village Maintenance Morning

Saturday 15th Nov 10am - 12pm
(Meet at Football Pitch Car Park)

There are several 'cutting back of vegetation'
projects around the village so please bring
any tools to help, as well as gloves and
sturdy footwear

Letter from the Rector

In the life of our churches October is the month when we take stock of the activities that took place over the summer - weddings, baptisms, fetes and other fundraising events, and in September, harvest festivals - and then begin to prepare ourselves for what is to come before the end of the year - Remembrance, Advent and finally Christmas.

And as we will be doing in our own gardens at this time of year, we will also be taking time to tidy up our churchyards and churches in preparation for the seasons ahead. On Saturday 11th October at Onehouse church, from 9am to 12pm, there will be a working party clearing up the churchyard. If you'd like to come along please do, and refreshments will be available. For further details please contact Andrew Sykes on 01449 675834 and, needless to say, all help will be gratefully received!

And on Saturday, 18th October at 11am, there will be an opportunity to join an Autumn Walk at Little Finborough church. A guide will lead a walk through the surrounding countryside so that the beauty of the autumn colours can be admired, then back at the church there will be light lunches and hot drinks available in aid of church funds. Do come and join us if you can.

Alongside church buildings, our churchyards are havens for wildlife, plants and trees. They also offer quiet reflective spaces for visitors to spend time with their own thoughts amongst nature, allowing us to stop for a moment in the busyness of our lives and breathe. So if you haven't had an opportunity to explore your local churchyard, perhaps think of popping along for some quiet time and to make the most of the peace and the space.

With blessings,
Revd Sarah

I've seen lots of stories in the news about people being left out of pocket if events they've booked tickets for have been cancelled at the last minute. How can I get a refund if this happens to me?

Keep an eye on the organiser's website and social media profiles for all the latest updates. You won't be entitled to a refund if you change your mind about going or realise you can't go anymore - but if an event is cancelled, your refund rights will depend on how you bought the ticket.

If you bought your ticket from an official seller and the organiser cancels, moves, or reschedules the event, you should get a refund. The official seller is the best point of contact to ask about how to get your money back. If you're having no luck getting a refund, check to see if the seller is a member of the Society of Ticket Agents and Retailers (STAR). If they are, you can use STAR's complaints procedure. STAR members should receive a refund at face value if the event is cancelled and the organiser has agreed to refunds.

You'll probably only get the face value of the ticket back - the amount printed on it. Some sellers might refund postage if, for example, the event is cancelled before the tickets are sent. If you had to pay any booking or card fees, you might not get those back. If the official seller isn't a member of STAR, check how you can solve an ongoing consumer problem with a business seller. You may also be able to get your money back another way, such as through your credit card company.

If you bought your ticket from a ticket-reselling website, refunds would depend on the site's terms and conditions.

If you bought from a private seller and the event is cancelled or rescheduled, then it is unlikely you will be able to recover your money. We still recommend you contact the seller.

HBperformancecoaching

1 - 2 - 1 FOOTBALL COACHING

AGES 7 +

WHATSAPP - 07707016280 LOCATION - STOWMARKET/IPSWICH

1-2-1 SESSION

- 45 minute session
- Specific position tailored plan
- Outfield + goalkeepers
- Technical + Mental work

TRIAL - £10

AFTER TRIAL - £25



GROUP SESSION

- 45 minute session
- Tailored session to everyone attending the session
- Outfield + goalkeepers
- Discounted rate

£15 PER PERSON

8 1-2-1 SESSIONS + NUTRITION ADVICE

- 8 tailored sessions to your position
- 45 minute sessions
- Nutrition advice for performance as an athlete
- Discounted price per session!

£185

FFD Running Club

If you are keen to start running, get fit, run in a group or socialise then join us every Thursday at 6.45pm.

No need to book, simply meet on the village green opposite the pub.

If you would like any more details, please get in touch.

Everyone welcome.

Ant Mann 07968 154171



The committee of Great Finborough and Buxhall Under 5's would like to say a huge THANK YOU to everyone who attended Sports Day in July and those who bought summer draw tickets. We all had a fantastic day and the weather was kind to us. We managed to raise over £900 to fund the new pre-school kitchen which is phenomenal!!



We are really pleased with the new kitchen, it looks very smart. Thank you again for all of your contributions which made the kitchen revamp possible.

Be aware of scams. Unfortunately, we've found that in these situations' scammers can prey on those who are affected.

If your event is cancelled and people or companies get in touch to offer their services to try to recover money on your behalf, be alert and make sure that you're looking out for the signs of a potential scam. For more information on getting a refund, take a look at the Citizens Advice website.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

ALL SEASONS LANDSCAPE GARDENING

Garden Landscaping • Turf Laying • Paths & Patios
Garden Maintenance • Hedge Cutting • Fencing
Specialise in Low Maintenance Gardens

Established since 1998 Fully Insured & Guaranteed

For FREE estimates and more information on our service call **Simon** on

01449 720221 / 07922 035204

email: suffolksi68@gmail.com

www.allseasonslandscapegardening.co.uk

Newsletter Advertising

Our newsletter is hand delivered to all houses within Great Finborough (400 properties) and is a great and cost effective way to promote your business to local residents. We can even create the advert for you.

If you would like to advertise, please email:

finboroughpcnewsletter@gmail.com

Size of Advert	Price per month	Price for 5 adverts	Price for 10 adverts
¼ Page	£ 8	£ 36	£ 68
½ Page	£ 11	£ 50	£ 93.50
Full page (A5)	£ 15	£ 67.50	£ 127.50



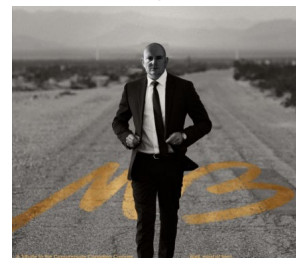
Ear We Go
Mobile Ear Wax Removal
 Microsuction & Irrigation
 My name is Georgie
 Please call, text or email for
 an appointment
 07921550958
 Earwego12@gmail.com
 Fully Insured & DBS

Cat Jones MAR
Reflexology Practitioner
 in Great Finborough

*"Whether facing physical or
 mental health challenges,
 chronic conditions,
 or simply needing calm,
 reflexology can help
 restore balance."*

www.catjonesreflexology.co.uk
cat@catjonesreflexology.co.uk
 07538 091789

Buxhall Community Council
By popular demand, another night with
Andy Ax



If you enjoy a bop on the dance floor and a great social atmosphere, Buxhall Village Hall is the place to be on
31st October 2025.
 7:30 to 11:00pm
 Bar available serving beer, wine and soft drinks

Adults: £10.00
 Ages 10-18 years: £5.00
 Ages 9 & under: Free (free places must be booked)
 Tickets available from: Wayne: 07731995102
 or Emily: 07964045373



Andrew Bingham
 INDEPENDENT FUNERAL SERVICE

Local Caring Independent Funeral Service

24 Hour Personal Service * Private Chapel * FREE Parking
www.andrewbingham.co.uk
 01449 771666
 The Nutshell, Milton Road South, Stowmarket, IP14 1EZ

 **Golden Charter** Funeral Plans 

The Recycling market stall, the Repair Café, Litter picks, Tree Wardens, Green Councillors, an exhibition at the Museum which many local groups contributed to, the two year Reduce/Repair/Reuse/Recycle painted hoarding on the recreation ground, an eco cinema month, a recipe book, events at PrimaDonna festival, encouragement to switch idling engines off, Clothes swaps, and working with Stowmarket's Environment Forum and Eco churches have all happened since that first conversation. The articles we write for magazines such as this each month have encouraged many individuals to take their own actions to care for our earth by making changes to their lifestyle, shopping habits, energy use, gardening style and consumer choices. Brilliant and huge thanks to everyone involved in making Stowmarket/Planet Earth a better place to live for ourselves, our children, our grandchildren....

stowmarketecofuturegroup.co.uk | stowmarketecofuture@gmail.com



F. G. BROWN – OPTICIANS
Demmark House, 41 Bury
Street, Stowmarket.
Tel: 01449 612812/674030

As independent opticians we offer a more personalised eye care service that you can trust for all the family

Professional Eye care – Quality Products – Personal Service

Opening hours:-Tuesday-Friday 9.00 am – 5.30 pm
 Saturday 9.00 am – 5.15 pm

Your sight care is our priority

Mid Suffolk Recycling Improvements

In case you had not seen the news, we wanted to make you aware that MSDC have launched six new electrical recycling bins in the district.

They are located at:

Iliffe Way car park, Stowmarket

Mid Suffolk Leisure Centre, Stowmarket

Elmswell train station

New Green Community Centre, Thurston

Station Yard car park, Needham Market

Buckshorn Lane car park, Eye

This means residents can now recycle their small broken electrical items, like coffee machines, kettles, mobile phones, tablets, and anything smaller than a 4-slice toaster.

Larger items will still need to be taken to a Suffolk Recycling Centre.

www.midsuffolk.gov.uk/w/twelve-new-electrical-recycling-bins-for-babergh-and-mid-suffolk

Did you know we have a Village Facebook page?

Take a look at:

facebook.com/parishcouncilgreatfinborough





Buxhall and District Community Council

BANGERS, BEANS & BINGO

Buxhall Village Hall

Saturday 22nd November at 7:00pm

Tickets: Adult £5.00

Child £2.50

(6 games of Bingo for £10.00)

Includes Raffle

Bring your own drinks

Book your place with Mim & Keith: 01449 736598

Stowmarket Eco Future Group

Collection of hard to recycle items - see update below

Market place on 4th Thursday* each month which is 23rd October 2025 9:30 to 11.30 am

2nd Sunday each month (12th October) at Red Gables 2-4 pm plus REPAIR CAFÉ stowrepaircafe@gmail.com

*Please note this is NOT the last Thursday in October

UPDATE ON ITEMS COLLECTED:

Coffee pods, Pet food pouches (empty, clean & dry), Tetra packs (empty, clean & flattened), Spectacles and cases, empty make-up containers, Laptops and tablets with their charger (for parts), Batteries, Small bags of medicine blister packs. Please now take your soft plastics to Supermarket recycling points, thanks.

ECO CAFÉ: Wednesday 8th October 7:30- 9 approx Fred's Bar, The Old Foxyard. This is an opportunity for informal discussion, asking questions, information sharing and planning.

We are really looking forward to participating in the town's GO GREEN GO WILD! Day on 29th October and the theme for our stall will be "Water" We are setting you a challenge! Can you make a mini pond in an upcycled food container? We would love to see what you have made (or a drawing or a photo) - bring it to our stall at Go Green Go Wild so we can admire your brilliant ideas. These websites might give you some ideas.

www.wildlifetrusts.org/actions/how-create-mini-pond

www.wwt.org.uk/discover-wetlands/gardening-for-wetlands/how-to-make-a-mini-wildlife-pond-from-an-upcycled-container.

We are also going to repeat our very popular Welly-Swap so please bring your kid's outgrown welly boots so that you can choose a new pair to take home

HAPPY BIRTHDAY TO US! It is 5 years since the eco group was formed. Two interested people who were at that time strangers, met after lockdown to go for a walk and talk about what we could do. We started with a facebook group which now has 869 members.

DIGITAL

copycentre



For All Your Printing

**News letters, Flyers
Booklets - Magazines
Plan Prints up to AO size
B/w, Colour & Scanning
Order of Services
Sewing Patterns
Comb binding
Laminating**

Email: info@digitalcopycentre.co.uk

37 Stowupland Street, Stowmarket, IP14 1EG

01449 678100

Help is Closer Than You Think

If you've ever noticed an "unmarked" vehicle around the area with an "Ambulance" sign in the windscreen, you might have wondered what it was doing there. The good news is that Great Finborough now has a resident **Community First Responder (CFR)** living in the village, and that could make all the difference in a medical emergency.

CFRs are trained volunteers dispatched by the NHS East of England Ambulance Service to attend 999 calls in their local area. Because we live nearby and attend patients in our community, we can often reach a location within minutes, starting life-saving care while an ambulance is on its way. We're called to incidents such as cardiac arrests, breathing difficulties, strokes and serious injuries. We carry a defibrillator, oxygen, simple drugs, trauma kits, diagnostic equipment and other essential kit, and we're trained to provide immediate treatment that can extend the chain of survival until paramedics arrive.

Our village has always been covered by the Stowmarket CFR group, but now, with a Great Finborough resident on the team, help is closer than ever. Even when we're not officially "on duty", we still have an app on our personal phones which can alert us to the most urgent medical emergencies - such as cardiac arrests, within a 2km area- allowing us to reach a critical patient in the village within minutes, whether we're at home, in the Chestnut Horse, out walking the dog or asleep at 3 AM (this has happened a couple of times!)

What many people don't realise is that your local CFR Group is entirely self-funded. We receive no NHS funding for our equipment, uniforms or running costs, everything comes from donations. If you'd like to support the scheme, scan this QR code to donate.



Every contribution, no matter the size, helps us stay equipped and ready to respond.

If you'd like to learn more about what we do please feel free to get in touch at Richard.Lock@eastamb.nhs.uk. And if you spot me or a member of the team out and about, do say hello.

All CFR's sign up for the same reason, because we care about our community and want to make sure that if you, your family, or your neighbours ever need urgent medical help, it arrives as quickly as possible.

Rich Lock

GiFT

Do you have little jobs you can't manage that are too small, urgent or unusual to get someone in to do commercially? Perhaps you need help to claim a benefit; need something taking to the recycling centre; have storm damage; or need a lift to hospital. Our volunteers can help you.

Recently, among other things, we've helped fill in DWP forms; rescue ducklings; rehome a bicycle; interpret a hospital letter; make flu vaccination appointments; find a private physiotherapist; welcome new residents.

Remember the GiFT contact number is on the back page of every newsletter.

Sally Gooch



JOIN US FOR

SANTA'S GROTTTO & CHRISTMAS SHOPPING

**SATURDAY 6TH DECEMBER
10 AM - 12.30 PM**

Pettward Hall, Great Finborough,
IP14 3AE

Homemade Crafts, Local Crafters,
Christmas Gifts, Refreshments,
Cakes, Children's Stalls, Raffle &
much more!

SANTA £5 PER CHILD
To book please text Delia on 07513 140072
or email gfbunderfive@gmail.com

Everyone welcome, please come along to
support us and the local crafters.



CHESTNUT HORSE

www.chestnuthorse.co.uk | 01449 553889

WHAT'S ON!

2nd Oct & 6th Nov Open Mic with Jax Deacon 7pm

9th October Quiz Night with Quizmaster Simon Waspe
Starts 7.30pm | Entry fee £2.50 per person
Teams of up to 6 people, cash prizes

31st October Halloween Pumpkin Competition
Entry £2.50 per pumpkin
Categories up to 12 yrs, 13-17yrs & 18 & over
Prize for best in each category
Also, come in fancy dress for a free drink
& best dressed wins a prize.

27th November Sip & Paint Night
6.30pm £35.00 Per person

28th November Live Acoustic Music with Jax Deacon

"Look out for our Christmas Menu, starting 19th November."

Roly & Mandy

Great Finborough and Buxhall Under 5's

What will we be up to this term: -

We will be celebrating Harvest festival, finding out all about our children by writing 'all about me' poems and seeing if we can tell who's who by looking at photos of just our eyes, nose etc. We will be making lanterns for the festival of light and decorating pumpkins, bats and little black cats.



Follow us on Facebook and find out what we are up to.

Before breaking up for the summer holidays, we decorated hats ready to wear for our sports day, thank you to the primary school for letting us use their facilities for this, we had over 100 parents and children come along and join us. A fantastic thank you and well done to everyone for making it so much fun and successful.

We have been fundraising this term to update our kitchen area, this has been completed but due to finding a leak and some other bits this has gone very over budget, so we need to do a little bit more fundraising, so please do join us for our Christmas fair on the 6th December to help us raise funds to cover these costs.

If you have a child aged two to school age that you think would like to join in with the fun we have, we have some spaces available, please get in touch for a chat to find out more or arrange a visit. All 4-year-olds are grant funded and 3-year-olds the term after they turn 3. A lot of 2-year-olds are now funded through the government working parent scheme, go online to the government two-year checker to see if your child is eligible.

Tel: - 07513 140072 or email: - gfbunderfive@gmail.com

We look forward to an exciting term and learning lots of new things while we play.

Delia and the team



MILES ROLFE JOINERY

Production, Design & Fitting of All
Aspects of Joinery & Furniture

Gt. Finborough • Suffolk

07880 776845 mobile 01449 771338 evening
mrjoinery@live.com milesrolfejoinery.co.uk

 Follow me on Facebook

Several recent major fires have been attributed to lithium batteries, including at Sackers scrap yard in Great Blakenham last summer. While single-use vapes have now been banned, these batteries, large and small, may be in a huge range of products. **Proper disposal for recycling** is vital to protect workers handling waste and health hazards to us all when toxic smoke billows across the landscape. Bins for batteries (including lithium) are required in all supermarkets and pharmacies, and where batteries are sold, as well as schools and tourist attractions.

laptop and tablet computers power tools, electric bikes, musical greeting cards bathroom scales golf trolleys	vapes car key fobs toys with batteries TV remote controls cordless headsets hearing aids solar lights	solar lights mobile phones cordless phone mobility scooters kitchen scales power blocks car sat navs
---	---	--

TIME FOR YOU™

DOMESTIC CLEANING

Are you tired of cleaning?



We have the
right cleaner
waiting
to help
you.

Regular - Weekly - Cleaner

01359 258991

Typically £18 per hour

www.timeforyousuffolk.co.uk



REWTS

Trees & Gardens

Tree surgery: from light pruning to large tree take down, surveys and stump removal.

Garden landscaping: patios, fencing, decking, pergolas, gates, stone driveways, water features, turfing and seeding new lawns, borders and planting designs.

Garden maintenance: hedge cutting, pruning, weeding, strimming, grass cutting, tidying.

Tel: 0782 5253 720
info@rewtstreesandgardens.co.uk
www.rewtstreesandgardens.co.uk

Locality budget 2025/26

There is still some left in the kitty, so let me know of project ideas to benefit the communities.

Full details available <https://midsuffolk.gov.uk/w/locality-awards>

Full details available <https://midsuffolk.gov.uk/w/locality-awards>
Councillor John Matthissen 01449 258894 or 07976 308128
councillor@matthissen.net
Or write to me at 2 Brick Kiln Cottages, Barretts Lane, Needham Market IP6 8RZ

News from your District Councillor - John Matthissen

Representing Onehouse, Great & Little Finborough, Combs, Harleston & Shelland

Local Government Reorganisation

The 5 District Councils and the Borough of Ipswich have submitted to Government a proposal for 3 Unitary councils. This is now backed by much detailed work on structures and finances, ways of delivering services, approximate numbers of councillors and wards. You may have seen that the controlling group of the County Council has been attacking this proposal since Government announced it wanted Suffolk to work together to bring forward proposals to go unitary. They have been spending much public money to campaign against the emerging wishes of the 5 district and borough councils, which have collaborated to produce the plan for 3 councils. The headline objectives are to :

- Focus on and meet the differing needs of different towns and villages
- Ensure everyone has local councillors providing strong, local leadership and democratic representation – keeping decision-making close to you
- Ensure that the new Suffolk and Norfolk Mayor understands the big issues where you live

You can read more about our plan here : threecouncilsforsuffolk.org
But important to remember that the decision will be made by a Government minister and announced early next year, and then developed locally and firmed up by a shadow council elected in 2027 and taking responsibility for all the services in 2028.

There will also be a single mayor for Suffolk and Norfolk, who will be elected in May next year.

Dangers of lithium batteries

Although these have been in widespread use for several decades, their potential fire risk grew over the last few years, along with the disposal of millions of single-use vapes. Below is a list of some products which probably include lithium batteries. Once in the waste stream, these go through processes which may involving crushing, and lithium under pressure can ignite, and then burns fiercely.

Cont.

Buxhall Produce Show

The show on 6 September was bigger and better this year, with numbers of entries up and a very good showing from Great Finborough. Garden Club members, allotmenteer and children entered their fruit, vegetables, flowers, cakes, preserves, art and craft items, and photographs to win trophies and have fun joining in. WI tea and cakes, lots of conversation, auctioning off of the produce, and a ‘better composting’ stall completed a lovely sunny afternoon. Such shows continue to be an important expression of our rural heritage and life. When you are thinking what to grow and make in 2026 factor this show into your planning!

As one visitor commented, “A good traditional produce show with a lovely atmosphere.” The BCC would therefore like to extend a special thank you to the exhibitors, judges, Buxhall WI, our volunteers, our composting exhibitor, everyone who donated prizes and all our visitors for helping to make the event a success. It was good to so many of our visitors stay to experience the full afternoon of viewing the exhibits, enjoying afternoon tea and cake followed by the finale of the presentation of awards, auction and raffle draw.

ENTRANTS	2023	2024	2025
Adult entries	26	33	38
Children 7- entries	7	6	4
Children 8+ entries	3	5	8
Total entries	36	44	50

We are delighted that the entry numbers and individual exhibits continue to increase year on year, facts we thought you’d like us to share with you.

Sally Gooch
Hilary Hall

EXHIBITS	2023	2024	2025
Vegetables	29	29	47
Fruit	10	15	24
Flowers	14	13	18
Baked Goods	7	13	26
Preserves	5	6	15
Photography	8	27	38
Arts and Crafts	9	13	16
Children 7 and under	8	6	7
Children 8 and above	7	5	9
Garden humour	3	6	7
	100	133	207

Finborough Court

It's been a busy Summer over at the care side. We had a lovely trip to Felixstowe in July. The weather was fantastic, and so were the Fish and Chips! Everyone had a ride/walk up the Prom, and most of our family visited the famous seafront gardens. We even saw an old sailing barge, sail past from Woodbridge.



We had the pleasure of listening to the wonderful Jubilee Ladies Choir in July. They performed a mixed programme of songs, and their lovely voices brought us such joy. We shared a cuppa together at the end, and the choir chatted to our family members.

On the 21st September, was our Harvest Festival Service. Thank you to all who donated produce for the Stowmarket Food Bank.



We have also been blessed with an amazing garden that has been transformed over the last eighteen months. The plants have started to become established, despite the heat. Along with the shrubs and plants in the sensory beds, we have been able to grow sunflowers that have now reached above the second-floor windows!

And we have had fun over the Summer encouraging children to try our Colourful Stone Trail.



And we managed to make it on to the TV, during the British Men's Cycling Tour. The rain threatened to make our trip to the end of the road a washout. However, the Lord gave us a gap in the rain and we ventured out to the end of the road, just as the tour came past. An extremely exciting end to our summer activities.

What will Autumn bring!



Pilgrims's Friends Society

Buxhall Fun Quiz

Saturday 18 October, 7.30pm in the Village Hall
£5.00 per person, teams of up to six people

Please bring own drinks, glasses and nibbles

To avoid disappointment, book by 17th October
by ringing Mim or Keith on 01449 736598

Offers of draw prizes will be greatly appreciated.
In aid of the hall toilet refurbishment

If you spot something in the village in need of attention, please get in touch. It could be overgrown footpaths, missing or hidden signs, broken or damaged play equipment in the playpark.

Contact the Parish Council:
clerk@greatfinborough-pc.gov.uk