



## WHO'S WHO IN GREAT FINBOROUGH

**Parish Council:** [www.greatfinborough.onesuffolk.net](http://www.greatfinborough.onesuffolk.net)

Chair: James Spencer - [james@finboroughparishcouncil.org.uk](mailto:james@finboroughparishcouncil.org.uk)  
Clerk: Lacey Luther - [clerk@finboroughparishcouncil.org.uk](mailto:clerk@finboroughparishcouncil.org.uk)  
Footpath Warden: [greatfinboroughfootpaths@gmail.com](mailto:greatfinboroughfootpaths@gmail.com)  
District Councillor: John Matthissen - [councillor@matthissen.net](mailto:councillor@matthissen.net)  
Tel: 01449 258894  
County Councillor: Penny Otton - [penny.otton@suffolk.gov.uk](mailto:penny.otton@suffolk.gov.uk)  
Tel: 07545 423847

### Pettward Hall

Lettings/Keyholder: Mary Preece - [mary.preece1@btinternet.com](mailto:mary.preece1@btinternet.com)  
Tel: 01449 771360

### St Andrews Church: [www.standrewsgtfinborough.co.uk](http://www.standrewsgtfinborough.co.uk)

Rector: Rev Sarah Jenkins - [revdsarahjenkins@gmail.com](mailto:revdsarahjenkins@gmail.com)  
Combs Rectory, 135 Poplar Hill, IP14 2AY | Tel: 01449 676065  
Associate Priest: Rev Canon Pauline Higham | Tel: 01449 771791  
Church Warden: Nigel Brown 01449 675344

### Great Finborough & District Gardening Club

Cath Walker - [cathwalker85@gmail.com](mailto:cathwalker85@gmail.com)  
Tel: 07843 191101

### Allotments Association - Mary Smyth Tel: 01449 672533

### Primary School: [www.finboroughprimary.co.uk](http://www.finboroughprimary.co.uk)

Headteacher: Stephen Dodd - [admin@greatfinborough.suffolk.sch.uk](mailto:admin@greatfinborough.suffolk.sch.uk)  
Tel: 01449 613208

### Gt Finborough & Buxhall Under 5's Pre-School

Delia Prior - Tel: 07513 140072

### Chestnut Horse Pub - Rob & Clare Tel: 01449 674688

Candlestick Club: Keith Proctor Tel: 01449 736598  
Buxhall Woman's Institute: Judith Hickman - [judithhickman12@gmail.com](mailto:judithhickman12@gmail.com)  
Police (Stowmarket SNT): Tel: 101 - [stowmarket.snt@pnn.police.uk](mailto:stowmarket.snt@pnn.police.uk)  
Stowmarket High School - Tel: 01449 613541  
Stowmarket Health Centre - Tel: 01449 776000  
Combs Ford Surgery - Tel: 01449 678333  
Bildeston Surgery - Tel: 01449 740254  
Stowmarket Library - Tel: 01449 613143  
Mid Suffolk Leisure Centre - Tel: 01449 674980

# GREAT FINBOROUGH NEWSLETTER



**October 2024  
ISSUE 552**

## GREAT FINBOROUGH VILLAGE DIARY

12th October 10am - 1pm	Church & grounds clean up	St Andrews Church
13th October 11am	Harvest Festival with bring and share lunch	St Andrews Church
14th October 7.30pm	Parish Council	Petteward Hall upstairs
2nd November 10am	Woodpecker Hill maintenance	Football pitch car park

### FUTURE PARISH COUNCIL MEETINGS

7.30pm Petteward Hall Upstairs  
14th October, 11th November & 9th December

### MOBILE LIBRARY SERVICE - every 4th Friday 4.10 - 4.30pm

Middlefield Drive (opposite playground)  
Remaining dates:  
18th Oct, 15th Nov & 13th Dec

### MOBILE POST OFFICE - every Thursday 1.30 - 2.30pm

Middlefield Drive Car Park

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To contact the editor (Ant Mann) submit articles,  
letters or advertising,  
email:  
finboroughpcnewsletter@gmail.com



## The Combs and Finborough Benefice

### Buxhall, Combs, Gt and Lt Finborough, Harleston, Onehouse and Shelland Services in October 2024

**Rector:** The Rev'd Sarah Jenkins, The Rectory, 135 Poplar Hill, Stowmarket IP14 2AY 01449 676065  
**Associate Priest:** The Rev'd Canon Pauline Higham, The Rectory, Woodland Close, Onehouse IP14 3HL 01449 771791

#### Sunday Services

Please contact Rev Canon Pauline on paulinehigham@googlemail.com for details of how to join our Zoom services

#### 6<sup>th</sup> October: The Nineteenth Sunday after Trinity

9.00 am	Holy Communion	Little Finborough
9.30 am	Spiritual Communion	Zoom Meeting
9.30 am	Morning Worship	Harleston
11.00 am	All Age Worship	Combs

#### 13<sup>th</sup> October: The Twentieth Sunday after Trinity

9.30 am	Morning Worship	Shelland
9.30 am	Harvest Festival with Communion	Buxhall
11.00 am	Holy Communion	Onehouse
11.00 am	Harvest Festival	Great Finborough

#### 20<sup>th</sup> October: The Twenty First Sunday after Trinity

9.30 am	Holy Communion	Harleston
11.00 am	Family Communion	Combs
6.00 pm	Evensong	Little Finborough
6.00 pm	Compline	Zoom Meeting

#### 27<sup>th</sup> October: The Last Sunday after Trinity

9.30 am	Morning Worship	Buxhall
9.30 am	Holy Communion	Shelland
11.00 am	Morning Worship	Onehouse
11.00 am	Holy Communion	Great Finborough

#### Weekday Services

9.30 am on Wednesday	Holy Communion	Trinity Hall, Onehouse
10.00 am on Saturday	Morning Prayer	Zoom Meeting

*All Welcome! Whether you are a regular worshipper or a visitor to our churches this Sunday, you will find a warm welcome at any of our services*

There's a vaccine to help  
protect you from the pain of

shingles



Shingles is a common condition that causes a painful rash.

It can sometimes lead to serious problems such as long-lasting pain, hearing loss or blindness.

The shingles vaccine helps protect against shingles. It's recommended for all adults turning 65, those aged 70 to 79 and those aged 50 and over with a severely weakened immune system.

**Read more - [www.nhs.uk/vaccinations/shingles-vaccine](http://www.nhs.uk/vaccinations/shingles-vaccine)**

On Friday the 4th of October **Onehouse PCC** will be hosting a Harvest Supper in Trinity Hall. It is 6.30 for 7pm. The tickets are £12 and can be obtained from Sylvia Emsden (01449 625592) The mains are Salmon, Quiche or Ham (Sylvia will ask which you require).

Bring your own Drink. There will be a Raffle and a quiz. We usually have a lot of fun at our social get togethers so if you would like to join in, please contact Sylvia.

Our outdoor cake sale/coffee morning in Trinity Hall Car Park on the 31st of August made £289. Not as much as usual but maybe people were still on their holidays.

Thank you to all those who made cakes especially those from other Churches in the Benefice. Thanks so much!

## Welcome to the October Newsletter:

At time of writing, it seems that Summer has made a come back after a short cold spell. Fingers crossed it remains for a little while yet.

In September, Belle decided to step down from the Parish Council. On behalf of the Parish Council, I would like to take the opportunity to thank her for her time and enthusiasm and wish her well with her new ventures. Belle was also our footpath warden, a role we are keen to fill; please see page 5 for more details.

If anyone is interested in joining the PC, then please get in touch for further details or come along to our next meeting on the 14th October, upstairs in Petteward Hall.

A glorious, sunny Saturday the 14th delivered the much revered Annual Ride & Stride Event. The event has expanded over recent years, seeing classic cars, walkers, cyclists and runners taking in the fantastic churches within our Parish and throughout Suffolk. It was fantastic to see so much support for this event which raises money for our local churches.

Many sore feet were rewarded with a well deserved pint and bowl of cheesy chips at the Chestnut and for some die-hards, a cold plunge pool!! Pictures on page 12.

We have some exciting projects coming up in the Autumn. After the fantastic fund raising efforts we now have the money needed to recreate the circular bench around the Chestnut tree and thanks to Finborough School and MP Building Solutions, the building of a brick base around the village sign.

Also, I'd like to add a huge thank you to all our advertisers, old and new, whose financial contributions go a long way to make this newsletter possible. If you would like to advertise to 390 homes in Great Finborough, turn to page 27 for more details.

Enjoy the sun while it lasts.

**Ant Mann**

## Letter from Combs Rectory

In the life of our churches October is the month when we take stock of the busyness of summer - weddings, baptisms, fetes and other fundraising events, and in late summer, harvest festivals - and then begin to prepare ourselves for what is to come before the end of the year - Remembrance, Advent and finally Christmas.

And as we will be doing in our own gardens at this time of year, we will also be taking time to tidy up our churchyards and churches in preparation for the seasons ahead. On Saturday 12th October there will be 2 such events, at Onehouse church from 9.30am to 12pm, and at Great Finborough church from 10am to 1pm. Everyone is welcome to come along and refreshments will be available, all help will be gratefully received!

Alongside church buildings, our churchyards are havens for wildlife, plants and trees. They also offer quiet reflective spaces for visitors to spend time with their own thoughts amongst nature, allowing us to stop for a moment in the busyness of our lives and breathe.

So if you haven't had an opportunity to explore your local churchyard, perhaps think of popping along for some quiet time and to make the most of the peace and the space. And if you'd like to be more actively involved in maintaining our churchyards, please do think about joining us on the 12th October at either Onehouse or Great Finborough!

**With blessings,  
Revd Sarah**

To contact the editor (Ant Mann) submit articles,  
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[finboroughpcnewsletter@gmail.com](mailto:finboroughpcnewsletter@gmail.com)

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## Volunteer Footpath Warden Vacancy

Do you regularly walk the many footpaths in our Parish?

Do you have a keen eye for detail?

If the answer is yes, the Parish Council are looking for volunteers to keep an eye on these wonderful routes and report any issues you may come across. Things like overgrown paths, missing footpath signs, damaged bridges, gates or styles.

If you feel you can help with this task or would like further information, please email:

**[finboroughpcnewsletter@gmail.com](mailto:finboroughpcnewsletter@gmail.com)**

and we will send out a full description of the role and requirements.

If you spot something in the village in need of attention, please get in touch. It could be overgrown footpaths, missing or hidden signs, broken or damaged play equipment in the playpark.

Contact the Parish Council:  
[greatfinboroughfootpaths@gmail.com](mailto:greatfinboroughfootpaths@gmail.com)

## Volunteer Biodiversity Officer Vacancy

The Parish Council are in the process of creating a biodiversity report for the village and have already had an expert create the initial report. This highlights the types of trees and vegetation we have in our village with recommendations on how to develop and maintain it to encourage growth and wildlife. We are looking for volunteers with an interest to help with this project moving forward.

If you feel you can help with this task or would like further information, please email:

**[finboroughpcnewsletter@gmail.com](mailto:finboroughpcnewsletter@gmail.com)**

and we will send out a full description of the role and requirements.

## Church and Churchyard big tidy-up 12th October 10am till 1pm

We are looking for volunteers to help tidy-up the Churchyard and give the Church a spring clean, or more appropriately, an Autumn clean.

We will finish with refreshments from the BBQ  
If you can offer help please drop me a text,  
07789727974 or email p.turner125@btinternet.com

Any offers of help will be very much appreciated to keep our Parish Church looking at its best.

Thank you in anticipation, Peter

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## PILATES

Great Finborough Village Hall  
Wednesday 13:30-14:30

First session will be on 12/06/2024, followed by 7 weekly Wednesday sessions. Classes will initially be free of charge for 8 weeks. The final funded session will be 14/08/2024 (no session 31/07/2024)

**BOOKING IS ESSENTIAL** as spaces are limited.  
For more information and to book, contact  
Henry Lane: [Henry.Lane@eastssuffolk.gov.uk](mailto:Henry.Lane@eastssuffolk.gov.uk)

If you have a Yoga/Pilates mat please bring it with you. If not please let us know in advance and we can provide one for you.



For any other queries contact Henry Lane on  
[henry.lane@eastssuffolk.gov.uk](mailto:henry.lane@eastssuffolk.gov.uk)



### Village Speedwatch

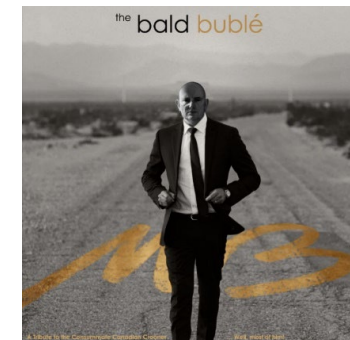
Having recently received our final training, the village community speedwatch team are fully up and running and you will see us operating along the High Road. Our main goal is to reduce the speed of vehicles travelling through our village and make the road and our village, safer for all.

We are always looking for volunteers; if you would like to help, please contact: [ant@finboroughparishcouncil.org.uk](mailto:ant@finboroughparishcouncil.org.uk)

Buxhall Community Council

**Friday 8<sup>th</sup> November 2024**

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**Emily: 07964045373**



**Suffolk branches join forces to mark 85 years of Citizens Advice**

In September, representatives from the five local Citizens Advice offices across Suffolk met to celebrate the 85th birthday of Citizens Advice. Now a national institution, the first 200 Citizens Advice Bureaux opened on 4 September 1939, the day after war broke out. The network grew at one stage to over 1000 local offices but following consolidation across the country now stands at around 250 separate offices.

Between the five local Citizens Advice charities in Suffolk, in 2023-2024 they helped 28,921 people to address 133,270 issues. This resulted in £8.5 million income gained for clients, and over £9 million of debt managed effectively.

All the Suffolk Citizens Advice offices rely heavily on volunteers to work alongside their paid teams, and a total of 82,070 hours were donated by Suffolk volunteers last year.

As independent charities who are not directly funded by central government, all five local Citizens Advice offices (LCAs) are constantly under pressure for funding, applying for grants and project funding from a wide range of organisations including all the local councils, the Suffolk Community Foundation, trusts and private sector organisations. Every £1 of funding has been shown to deliver £26.12 in public value.

Over the years, there have been different trends in the types of advice most sought by clients, housing issues and debts often being high on the list. A strong reminder that Citizens Advice is as important and relevant in 2024 as it was when it was launched 85 years ago.

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at [midsuffolkcab.org.uk/contact-us](https://midsuffolkcab.org.uk/contact-us). Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

Did you know we have a Village Facebook page?  
Take a look at:  
[facebook.com/parishcouncilgreatfinborough](https://facebook.com/parishcouncilgreatfinborough)



**Pettward Hall**

**“Little Ernie”**

The winners in the September draw were Irene & Tony Bugg and Tracy Barnett & Martin Males. They each won £7.50.

**Pilates**

The eight free sessions of Pilates were well attended. There were sufficient people interested to carry on with the classes, but numbers have now dropped significantly. If you would like to join the sessions which are held every Wednesday from 1.30-2.30pm and cost £7 per session please contact the instructor: [joannebeales@everyoneactive.com](mailto:joannebeales@everyoneactive.com) or phone 07564 587366.

**Lights, Camera, Action!**

Film Suffolk will be shooting some sequences for a new feature film in the hall on Saturday, 5 October and are inviting residents to come along as “extras”. There will be no pay, but it might be fun! Please contact the director, Toby Roberts at [toby1kenoby@yahoo.com](mailto:toby1kenoby@yahoo.com) for further information if you are interested.

**Mary Preece**



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## Great Finborough Veterans' Lunch 16th November 2024



### Chestnut Horse at 12.30.

If you would like to join us for a 3-course meal, good company, a few beers and a bit of banter, please contact:

Lee Morgan on

[leemorgan32@gmail.com](mailto:leemorgan32@gmail.com) / 07967665025

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## FUN QUIZ

The regular autumn quiz will be held in Buxhall Village Hall on Saturday 19 October at 7.30pm. £5 per person, teams of up to six people.

Please bring own drinks, glasses and nibbles.

To avoid disappointment do book by 18 October by ringing Mim/Keith on 01449 736598. Offers of draw prizes will be greatly appreciated.

## Stowmarket Eco Future Group

[stowmarketecofuturegroup.co.uk](http://stowmarketecofuturegroup.co.uk) | [stowmarketecofuture@gmail.com](mailto:stowmarketecofuture@gmail.com)

### Collection of hard to recycle items

4th Thursday each month (24th October\*) on Market place 9:30 to 11.30 am. \* NB this is not the last Thursday We collect Coffee pods, - clean pet food pouches, cheese wrappers and nets, pens, flattened crisp packets, (all count as "soft plastic"), make up packaging , tooth-brushes and pringles tubes, also clean and flattened tetra packs - see our website for details.

**2nd Sunday each month (13th October)** at Red Gables 2-4 pm plus REPAIR CAFÉ [stowrepaircafe@gmail.com](mailto:stowrepaircafe@gmail.com)

**Eco Café for October** - Please note change of date and venue  
Wednesday 16th October John Peel Centre 11 Market Place 7.30-9.00pm

### Thank you!!

At the last eco café we talked about the importance of encouragement, so this month we just want to say a huge thank you to everyone who does their bit for the environment. Stowmarket does a fantastic job, voting for and supporting our green councillors, sorting their recycling, litter picking, reducing their shopping, repairing items, recycling, re-using, thinking about what they buy and dispose of, changing their travel methods, adjusting their diet, supporting eco organisations, the list goes on and on. Sometimes it can feel discouraging, but this is to remind you that every small action matters and that thousands of us are making a difference locally and globally. The ball is definitely rolling, and more and more people are getting on board with changes that care for the planet now and the lives of our children and grandchildren. So, yes, be encouraged.

Don't forget to check in on our website:  
[www.stowmarketecofuturegroup.co.uk](http://www.stowmarketecofuturegroup.co.uk)



## Gardening Club

The Garden Club year 2024/25 has officially started, with the Annual General Meeting held on the 12 September. The business of the meeting, in the presence of 42 members was conducted swiftly. The Chairman's report reviewed the past year and its activities which included a bulb planting workshop, a visit to Broad Oak and its new garden, Hylands House, The Place for Plants and Nowton Park. The club also ran a summer event on the Wildflower meadow which was well supported as was the members' Summer BBQ.

The Chair offered thanks to Ann Squirrel for her suggestion that we plant a memorial rose garden for the late Queen, this has established well and bloomed prolifically this summer, also to Mary Smyth and Marion Mason for their ongoing maintenance of the village herb garden. Andrew Robinson was thanked for his work in auditing our accounts.

The Chair also expressed his thanks to the whole committee for their efforts in keeping the club running. Mary Smyth has resigned as Treasurer, a post she has held for many years, following the completion of the financial year but is remaining on the committee to oversee Open Gardens and the meadow events, she was thanked for all her efforts in keeping the club's finances in order. She has been replaced by Lindsey Richardson whose post was confirmed by the meeting. Ian and Judith Cameron have also resigned from the committee after 20 years as maintenance man /BBQ cook, and Secretary respectively. Judith has been replaced as Secretary by Cath Walker who was confirmed by the meeting. The remaining members of the committee remain in post with Peter Turner having been re-elected as Chair.

Members are reminded that subscriptions for the year 2024/25 are now due, at £15 for members and £2.50 for guests.

Following the business meeting the fun began as we celebrated the humble courgette in all its forms.

Aby compered by Pam we had tricky questions relating to courgettes, a cookery demonstration (and tasting) by Peter of his delicious courgette soup accompanied by courgette bread, a courgette slice, as well as Lemon, Pistachio and courgette cake and chocolate courgette cake. Recipes were available to take away and if you missed out, please contact one of the Committee who should be able to put you in touch with the owner for a copy. A produce and seed swap and a raffle completed the meeting.

In October our speaker will be Mary Preece who is going to talk about Garden Design-Past and Present. She will be illustrating how basic principles of good design translate into the production of a new garden or the re-vamp of an old one. Using plans and photographs she will show how these principles have been applied in the garden at South Lodge over the last 30 years.

This meeting will take place in the main room of the Pettward Hall on the 10th October at 7.30PM.

Finally, if you are interested in joining the garden club or would like to join us for any event you will be very welcome.

**For further information contact: Cath Walker on 07843191101  
cathwalker85@gmail.com**

## Ride & Stride September 2024



## Got a Story to Tell?

*Free Book Self-publishing Workshop*

**Westerfield Village Hall, IP6 9BE**

**November 7th 2024**

**10am - 12pm**

**Interested in creating your own book?**

Come along to our free workshop for anyone interested in self publishing. We will take you through the book production process to show how your ideas can become reality.

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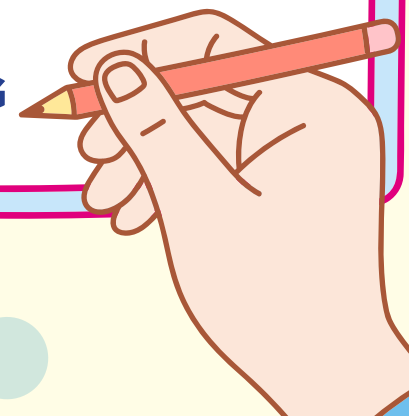
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## Great Finborough and Buxhall under 5's



What will we be up to this term:

We will be learning about space, celebrating Harvest festival, finding out what recycling means and lots more.

**Follow us on Facebook** and find out what we are up to.

Before breaking up for the summer holidays we learnt about insects and wildlife, and did a lot of letter and number work to help support our children that were off to school.

We made T-shirts ready to wear for our sports day, thank you to the primary school for letting us use their facilities for this, we had over 100 parents and children come along and join us. A fantastic thank you and well done to everyone for making it so much fun and successful.

If you have a child aged two to school age, that you think would like to join in with the fun we have, we have some spaces available, please get in touch for a chat to find out more or arrange a visit. All 4-year-olds are grant funded and 3-year-olds the term after they turn 3. A lot of 2 year olds are now funded through the government working parent scheme, go online to the government two year checker to see if your child is eligible.

If you have a child that would benefit from a quiet slow start, our Fridays are quite quiet at the moment, if you feel your child would benefit from this do get intouch.

Tel: - 07513 140072 or email: - [gfbunderfive@gmail.com](mailto:gfbunderfive@gmail.com)

We look forward to an exciting term and learning lots of new things while we play.

**Delia and the Team**

## FFD Running Club

If you are keen to start running, get fit, run in a group or socialise then join us every Thursday at 6.30pm.

No need to book, simply meet on the village green opposite the pub.

If you would like any more details, please get in touch.

All levels welcome.

**Ant Mann 07968 154171**

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In August Jim Jarvie OBE spoke on 'Why do we need borders in the 21st century?' He gave a most interesting and enlightening talk about his 40 years' time as a former Drugs and Frontier Investigator explaining and showing slides of different types of borders between countries and methods that had been used for smuggling drugs. He kindly donated a copy of his book 'My life in UK Customs' for the raffle. If you are interested in joining the WI please pop along to a future meeting or contact Emily (details below)

Forthcoming guest speakers

16th Oct: Lindsey Barrell - 'Burlesque, Me and the WI'

Venue: 7:30pm at Buxhall Village Hall.

**Emily (Minute Secretary) 07545909835**

### Water leak by Buxhall Lodge

I'm sure many have noticed the ongoing issue with the running water and pot holes as you head towards Buxhall after turning by the Primary School.

As a Parish Council we have been in contact with Anglian Water, Highways and the County Council about getting this rectified. This has not been an easy task as each seem to blame the other parties involved.

We are pleased to say that we now have Ben Cook, Senior Highways Officer visiting the site to see what can be done.

We'll update you when we know more!

**We hope you find the articles and information in our newsletter informative and interesting. It does rely on input from our community – submission deadline for the next edition is the 15th of the month. To submit articles, letters or advertising, email: [finboroughpcnewsletter@gmail.com](mailto:finboroughpcnewsletter@gmail.com)**

## Christmas Fayre at the Buxhall Tearoom



**Saturday 16th November 2024**  
**12 Noon to 5 pm**

#### RAFFLE



PRELOVED  
JIGSAWS/  
BOOKS



#### CRAFT GIFTS

CHRISTMAS  
CARDS, DECS &  
CALENDARS

#### FREE CRAFT TABLE (FOR KIDS 2 TO 102)

CHRISTMAS  
JUMPER/TOP  
COMPETITION  
(PRIZE FOR BEST ADULT &  
BEST CHILD)



The Fayre will be held with our monthly Tea Room event at the Buxhall Village Hall.

### Village Maintenance Morning

We all enjoy a walk or rest on one of the benches in Woodpecker Hill. And thanks to a small team of volunteers this is possible as they keep the paths clear, plant bulbs and thin out the woods to allow new growth.

But every now and again they need a few more people to help tackle the upkeep.

If you are able to give some time on **Saturday 2nd November**, starting at 10am, it would really go a long way to help with the ongoing maintenance and help ready the wood for winter.

Please bring any tools you may have to help e.g. wheelbarrows, loppers, shears, rakes etc plus some heavy-duty gloves.

Meet at the football pitch car park.

## **St Andrews Church Autumn Supper**

at Pettiward Hall 30<sup>th</sup> November 6.30 for 7pm.

£22/person to include 3 course menu.

Raffle tickets on sale during the evening.

.....

### **Starters**

Pheasant terrine with green salad & melba toast

Mackerel pate' with green salad & brown bread

Broccoli & stilton Soup & roll

### **Mains**

Slow cooked short rib (off the bone), dauphinoise potatoes & Veg.

Tarragon Chicken & mushroom, dauphinoise potatoes & Veg

Ratatouille with cheesy baked potato.

### **Desserts**

Chocolate brownies & ice cream

Fruit salad

Cheese board

.....

Tickets available from Peter Turner [p.turner125@btinternet.com](mailto:p.turner125@btinternet.com)

Please give your menu selections with your bookings

Payments can be made via BACS to St Andrews Church Great  
Finborough, TSB Bank, sort code 30-98-23 account no. 24197060.

Or by cheque to St Andrews Church Great Finborough.

## **News from your District Councillor - John Matthissen**

Representing Onehouse, Great & Little Finborough, Combs, Harleston & Shelland

### **Solar Power**

Solar Together Suffolk is a group-buying scheme which has helped over 1,800 homes in Suffolk. Applications for current scheme close October 18. Registration is free, with no obligation to buy. You can find out if your property is suitable for solar panels and battery storage, and get a free quote:

[www.suffolk.gov.uk/planning-waste-and-environment/initiatives/solar-together-suffolk](http://www.suffolk.gov.uk/planning-waste-and-environment/initiatives/solar-together-suffolk)

### **Energy efficiency of heritage buildings**

At July's Council meeting, a process was agreed to enable hundreds of Grade II listed building owners to make sensitive energy efficiency upgrades more quickly and easily. The first such initiative in the country, it will involve both Mid Suffolk and Babergh working closely with Historic England, and potential upgrades will include improving or replacing windows, and permitting solar PV and other renewable technologies to be installed on unlisted outbuildings. The aim is to enable residents to more easily reduce the energy needed to power and heat their listed homes.

### **Improving Communications**

All too often I am told of forthcoming events without enough notice to include the information in your monthly village news magazine. I propose to start an email list so I can supplement my articles, giving greater flexibility and speed where I get short notice. I have quite a few email addresses already, but can add to these if you would like to hear of more events etc. Please let me know if you are interested. These email addresses will be used for no other purpose at all.

**Councillor John Matthissen 01449 258894 or 07976 308128**

**[councillor@matthissen.net](mailto:councillor@matthissen.net)**

**Or write to me at 2 Brick Kiln Cottages, Barretts Lane,  
Needham Market IP6 8RZ**

## The Chestnut Horse



Rob & Clare look forward to welcoming you

~~~~~

~ See our food boards inside the pub or on Facebook for menus  
~ You can book the extension for your function any day of the week

~~~~~

### Summer Opening Times

Wednesday and Thursday 12-3 and 5-close (Serving food 12-2 and 5-8)

Friday and Saturday 12-close (Serving food 12-2 and 5-8)

Sunday 12-8 (Serving food 12-4)

Weekly on Wednesday - Texas Hold'm Poker Nights - register by 7pm

## Buxhall Fireworks

Thanks to Tomlinson Groundcare for generously hosting the Bonfire Night for many years. The BCC has prided itself on continuing to hold an annual Bonfire Night and Firework Display, especially as legal and insurance restrictions have increased. However, Tomlinson Groundcare has recently changed ownership, which unfortunately means we are unable to hold a Bonfire event in 2024.

### Save the Date

**BANGERS, BEANS and BINGO: 23rd November 2024**

**Buxhall Village Hall 7pm**

**Adults £ 5 Children £ 2.50 - bring your own drinks**

**To book, contact Mim or Keith 01449 736598**



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## Be Kind

Great Finborough is full of good neighbours already. We help each other by giving people lifts to hospital appointments; visit friends who are unwell, bereaved, upset or alone; pick up children from school to help out in an emergency; walk a neighbour's dog or feed their cat; mow their lawn or water their tomatoes while they are away on holiday; lend freezer space when yours breaks down. People with skills share them freely, whether it is teaching someone to knit; grow chrysanthemums, fixing their printer, or replacing a tap washer. We often want recommendations for birthday cake makers, cleaners, gardeners, plumbers, electricians and handy people - and some of us would like to do that that work in the immediate local area. Some of us need basic help with finding information on the Internet; filling in forms; checking if we are eligible for pension credit or other state benefits. Some people have surpluses to share that can include: home-grown fruit and vegetables; kitchen and garden items we no longer need; children's clothes and toys.

And some residents in the village need help, or just a chat, but do not know who to ask or think that no one can help them. Whilst some people in the village have good family and social networks, others feel left out. This new initiative is about including as many residents as possible, for the times when we need each other.

There are lots of similar schemes in Suffolk and across the country. Some of them operate on the basis that people who can help do so without anything but thanks in return. Others are more of a mutual benefit scheme, whereby everyone who lives in the village is given tokens to 'spend' when they need help and 'earn' back when someone they help 'pays' them. It works on the basis that even the most needy have something to give back to their community in some small way. No money changes hands. It is payment in kind. In fact, these schemes are all about Being Kind to each other.

A small group is being set up with the aim of developing a scheme just for residents of Great Finborough. Would you like to help shape up a Good Neighbour Scheme with no other commitment at this stage except to come to share your ideas? If so, please message me on 07717 582150 or email [sally.gooch@btinternet.com](mailto:sally.gooch@btinternet.com).

**Sally Gooch**

## Launch of Solar Together Suffolk



Residents of Suffolk can come together to invest in renewable energy sources through a group-buying scheme for solar panels and battery storage.

Solar Together Suffolk helps homeowners feel confident that they are paying the right price for a high-quality installation from qualified installers.

Suffolk residents can join the group-buying scheme, which offers solar panels with optional battery storage and EV charge points, as well as retrofit battery storage for residents who have already invested in solar panels and are looking to get more from the renewable energy they generate. The scheme allows homeowners to increase their independence from the National Grid.

It is free to register at [www.solartogether.co.uk/suffolk](http://www.solartogether.co.uk/suffolk), and there is no obligation to go ahead with an installation.



## Saturday 12<sup>th</sup> October

### 12:00 – 3:30pm

**Our menu now includes Ploughman's Lunch.**

**Table top games and activities for all ages are available**

**Please contact Hilary if you'd like to help out in any way.**



[hilary-hall@hotmail.co.uk](mailto:hilary-hall@hotmail.co.uk)

☎ 01449 737671



Supported by MSDC Living Well in Winter Grant

## Buxhall Produce Show

The 2024 show was as well run under the leadership of Hilary Hall and team as ever, and took place on 7 September. There were 133 entries across a very wide range of classes from fruit and vegetables to flowers; crafted pieces including art, knitted pieces, upholstery and photographs. There were baked goods of many description as well as preserves and classes for children of all ages too.

The WI laid on the refreshments. Mim and Keith Proctor were honoured for their years of service to the community, with a new garden in the Village Hall's grounds dedicated to them. Mim conducted the auction with her usual aplomb.

Great Finborough was well-represented, including Susanna Spencer, Grace Gemmell, Sally Gooch, and former resident, Graham Hickman.

As well as being great fun as an event, our village has many accomplished gardeners/allotmenters and bakers. I for one hope that we can work together to increase the number of entries and, thereby, winners for next year's show by planning ahead for what we will grow to show. Some classes had no or very few entries, even for produce so many of us grow to show standard including tomatoes, beans, onions, carrots, plums, apples, pears, roses, chrysanthemums, sponge cakes and jam. We all need to support these very special village shows to prevent them being lost to history.

## Sally Gooch

To contact the editor (Ant Mann) submit articles,  
letters or advertising,  
email:  
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**GREAT FINBOROUGH AND BUXHALL UNDER 5'S**

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**Shopping Morning and**  
**Santa's Grotto**

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